

4. International ZAG Junior-Cup

Personal & Perspektiven

Men's Artistic Gymnastics

Date: Saturday, December 16, 2017

Venue: Hannover, Germany; Gymhall TuS Vinnhorst, Grashöfe 25, 30419 Hannover

Host + Organizer TuS Vinnhorst, NTB

Schedule: December 16, 2017, 2 p.m. competition (all age groups)

Aparatus Equipment: FIG-registered aparatus, including Spieth Moscow Floor

deadline for registration:

definitive: Wednesday, November 8, 2017

nominative: Friday, December, 1st 2017

- A **maximum of 12 Teams** can be registered.
- Registration will be considered on a **“first come first served”** basis

Registration by E-Mail to:

Jörg Niebuhr j.niebuhr@t-online.de

Rules & Regulations







- **All Around Individual and Team** competition
- 3 AgeGroups (Year of Birth 2006 and younger; YoB 2004/05, YoB 2002/2003), (in case of a big number of competitors the organizer may split the age groups)
- **FIG CoP for Juniors** with a few **modifications (see next page):**

Prize money

- **The best Team** will get a prize money of **300,- €**, the second 200,- and the third team 100,- €. In case of same places the prize money will be added for both places and divided



Rules and Regulations:

| | YoB 2006 and younger | YoB 2004/2005 | YoB 2002/2003 | | | | | | |
|---|--|---|--|--|-------------------|--------------|--|-------------------|--------------|
| Allgemeine Regeln | <p>FIG-CoP for Juniors with following <u>modifications</u>:</p> <table border="1"> <tr> <td>Required elements</td> <td>4 + dismount</td> </tr> </table> <ul style="list-style-type: none"> • 1,0 Point deduction for each missing element. • 1,0 Point deduction for missing dismount • Counting up to 8 elements <p>Bonus for dismount: A = 0.3 B = 0.5</p> <ul style="list-style-type: none"> • Additional mats allowed without deduction | Required elements | 4 + dismount | <p>FIG-CoP for Juniors with following <u>modifications</u>:</p> <table border="1"> <tr> <td>Required elements</td> <td>5 + dismount</td> </tr> </table> <ul style="list-style-type: none"> • 1,0 Point deduction for each missing element. • 1,0 Point deduction for missing dismount • Counting up to 8 elements <p>Bonus for dismount: A = 0.3 B = 0.5</p> <ul style="list-style-type: none"> • Additional mats allowed without deduction | Required elements | 5 + dismount | <p>FIG-CoP for Juniors with following <u>modifications</u>:</p> <table border="1"> <tr> <td>Required elements</td> <td>6 + dismount</td> </tr> </table> <ul style="list-style-type: none"> • 1,0 Point deduction for each missing element. • 1,0 Point deduction for missing dismount • Counting up to 8 elements <p>Bonus for dismount: B = 0.3 C = 0.5</p> <ul style="list-style-type: none"> • Additional mats allowed without deduction | Required elements | 6 + dismount |
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| | Required elements | 6 + dismount | | | | | | | |
| |  | <ul style="list-style-type: none"> • 1 additional mat allowed without deduction | <ul style="list-style-type: none"> • 1 additional mat allowed without deduction | <ul style="list-style-type: none"> • 1 additional mat allowed without deduction | | | | | |
| |  | <ul style="list-style-type: none"> • additional mats (up to 20 cm) allowed without deduction | <ul style="list-style-type: none"> • additional mats (up to 20 cm) allowed without deduction | | | | | | |
| |  | <ul style="list-style-type: none"> • 1 additional mat (40 cm) allowed without deduction | <ul style="list-style-type: none"> • 1 additional mat allowed without deduction | <ul style="list-style-type: none"> • 1 additional mat allowed without deduction | | | | | |
|  | <ul style="list-style-type: none"> • Height: 125 cm • 1 additional mat allowed without deduction | <ul style="list-style-type: none"> • Height: 125 or 135 cm • 1 additional mat allowed without deduction | <ul style="list-style-type: none"> • Height: 135 cm • 1 additional mat allowed without deduction | | | | | | |
|  | <ul style="list-style-type: none"> • 1 additional mat allowed without deduction | <ul style="list-style-type: none"> • 1 additional mat allowed without deduction | <ul style="list-style-type: none"> • 1 additional mat allowed without deduction | | | | | | |
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Extra elements (additional to the Code of Points)

| Aparatus | Elements | Value | EG |
|---|---|--------------|------------|
| Floor: | No additional elements | | |
| Pommelhorse: | | | |
| | 2 sissors left and right or opposite in direct row (vw. and/or bw.) | A + A | I |
| Still rings: | | | |
| | From hang press to support | A | II |
| | Giants forward and/or backward with bent arms to handstand (2s) | B | I |
| A swing Element (EG I) value „A“ interrupts a sequence of elements EG II and III | | | |
| Parallel Bars: | | | |
| | Moy to upper arm hang | A | III |
| | Stützkehre z. support | A | I |
| | Stützkehre min. 45° | B | I |
| | Back uprise to support | A | II |
| High Bar: | | | |
| | Swing with ½ turn (> horizontal) | A | I |
| | Kip to support | A | III |

- Each club is obliged to send at least one judge (highest national level)
- Fee for **not** sending a judge: 100 €
- It is possible to **register individual gymnasts or a team**
- A **Team** can be send by a **Club**, a **Gym**, a **Region** or a **Nation**
- The **entry fee** is **60 € per team** or **20 € per individual gymnast**
- **The entry fee will be invoiced immediately after the registration deadline.**
- A **medal ceremony** will be held for each AgeGroup and additionally for the **Team competition**
- **The first 3 gymnasts and the first 3 Teams** will be awarded with a Cup
- A **team** consists of **maximum 6 gymnasts**. At each apparatus a maximum number of **5 gymnast** are allowed to compete. **The best 3 scores** will be taken for the **teamscore**
- In order to get a fair Teamscore over all AGs, the **younger gymnasts will get a bonus** for the teamcalculation.
- A gymnast **AG 12/13** will receive **1 point bonus per apparatus**
- A gymnast **AG 11 and younger** will receive **2 points bonus per apparatus**



Example for the Teamscore calculation

| | | Floor | | Pommel | | Still Rings | | Vault | | P.Bars | | High Bar | | All Around | |
|------------------|----------------|-------------|------------|-------------|------------|-------------|------------|-------------|------------|-------------|------------|-------------|------------|------------|------|
| Name | AG | Final Score | Team Score | Final Score | Team Score | Final Score | Team Score | Final Score | Team Score | Final Score | Team Score | Final Score | Team Score | Single | Team |
| Ted Tumbling | 14/15 | 13,50 | 13,50 | 12,30 | 12,30 | 12,80 | 12,80 | 13,30 | 13,30 | 13,60 | 13,60 | 12,60 | 12,60 | 78,10 | |
| Mike Monkey | 12/13 | 12,00 | 13,00 | 12,50 | 13,50 | | | 12,00 | 13,00 | 12,00 | 13,00 | 12,20 | 13,20 | 60,70 | |
| Gill Gymnast | 12/13 | 10,80 | 11,80 | 11,00 | 12,00 | 10,80 | 11,80 | 12,90 | 13,90 | 12,50 | 13,50 | 10,80 | 11,80 | 68,80 | |
| Steven Stuntman | 12/13 | 12,30 | 13,30 | 10,20 | 11,20 | 12,30 | 13,30 | 13,20 | 14,20 | 12,30 | 13,30 | 12,30 | 13,30 | 72,60 | |
| Tim Talent | 11 and younger | | | | | 10,80 | 12,80 | 10,80 | 12,80 | | 2,00 | 10,80 | 12,80 | 32,40 | |
| Eddy Eagle | 11 and younger | 11,20 | 13,20 | 8,00 | 10,00 | 9,00 | 11,00 | | | 11,80 | 13,80 | | | 40,00 | |
| Teamscore | | | 40,00 | | 37,80 | | 38,90 | | 41,40 | | 40,90 | | 39,30 | 238,30 | |

If there are some more questions, don't hesitate to send an e-mail to j.niebuhr@t-online.de

